

Continuous Infusion Blocks

You will NOT be pain free

Start taking your pain pills the night of the procedure before you go to bed.
The initial bolus injection will wear off and you will start to hurt.

If pain is not controlled

-Press the dose button every 30 minutes to receive a bolus of 4ml (there is no max on boluses given) however pressing the bolus button more frequently than 30 minutes will not give you additional meds.

If you are too numb

-Hold down the STOP/Start button
-Hold down the on/off button

Your blocked extremity will be numb until after the pump and catheter are removed. Please do not use or put any weight on the extremity until full sensation and control has returned.

To restart the pump

-Hold down the on/off button
-There will be a series of 4 beeps
-Press and hold the start/stop button
-It will take about 2 hours before pain relief is noticed

Complaints of shortness of breath or inability to take a deep breath, Hoarseness, or cough

- with upper extremity blocks only

-This is normal - It will get better as the block starts to wear off
-If the shortness of breath is too uncomfortable, turn the pump off by holding down the STOP button

Complaints of leaking

-Some leaking may occur
- Apply a small piece of gauze and tape or a washcloth with tape on top of the site
-This will absorb the leaking fluid

Complaints of a droopy or red eye or stuffy nose -with upper extremity blocks only

-Some people may experience this try not to worry
-The droopy eye, redness and or stuffy nose will start to go away as the block starts to wear off

These instructions will be reviewed with you and your caregiver on the day of the procedure and you will receive a hard copy for your records.

Single Shot Blocks

You will NOT be pain free

Start taking your pain pills the night of the procedure before you go to bed. The initial bolus injection will wear off and you will start to hurt.

If pain is not controlled

-Start taking your prescribed pain meds as directed by your surgeon

Complaints of shortness of breath or inability to take a deep breath, Hoarseness, or cough - *with upper extremity blocks only*

-This is normal

-It will get better as the block starts to wear off

Complaints of a droopy or red eye or stuffy nose - *with upper extremity blocks only*

-Some people may experience this try not to worry

-The droopy eye, redness and or stuffy nose will start to go away as the block starts to wear off

Your blocked extremity will be numb for up to 24 hours, maybe longer. Please do not use or put any weight on the extremity until full sensation and control has returned.