

Breg Polar Care Unit

Your surgeon has recommended you receive a Polar Care unit for post op use. Please review the information below.

Setup

1. To Fill:
 - a. Unlock handle and remove lid.
 - b. Fill with cold water to line, then ice to line.
 - c. Replace lid and lock with handle in upright position

Coupler Connections

2. To connect unit to pad:
 - a. Push down on the two metal tabs.
 - b. Push connectors together until metal tabs pop up.

Operation

3. To turn on/off:
 - a. Make sure pad is connected.
 - b. Plug power supply into wall and receptacle on lid.
 - c. Operation begins automatically with power.
 - d. Unplug power supply to turn off.
4. To refill:
 - a. Turn off.
 - b. Press down on two metal tabs to disconnect unit and pad.
 - c. Remove lid and place upside down on a flat surface.
 - d. Drain and follow fill instructions.



Important Information: an insulation barrier must be between the Polar Care Cold Therapy Pad and skin during use. No part of the pad should touch the skin for any period of time. Inspect the skin receiving cold treatment typically every 1 to 2 hours.

Usage tips:

1. Use cubed or chunked ice for optimal performance.
2. Drain the pad between uses.
3. You may disconnect the pad from the unit without removing the pad from the affected area.
4. DO NOT RUN THE PUMP WITHOUT WATER!
5. Unplug unit before removing lid.

These instructions will be reviewed with you and your caregiver on the day of your procedure and you will receive a hard copy for your records.